

School Lunch Menu

	Monday	Tuesday	Wednesday	Thursday	Friday
WEEK 1 30/8 27/9 25/10 22/11 20/12	Spaghetti Bolognese & Homemade Garlic Bread Or Breaded Fish Fingers Baton Carrots Medley of Fresh Vegetables Mashed Potato Vanilla Ice Cream pot Or Yoghurt & Fruit	Breast of Chicken Curry & Rice, Naan Bread Or Chicken & Cheese Melt Garden Peas *Salad Selection Mashed Potato, Baby Boiled Potatoes Jelly Pot or Yoghurt & Fruit	Homemade Breaded Chicken Goujons Selection of Dipping Sauces Or Spicy Chicken Fajita with Warm Tortilla wrap Sweetcorn, *Salad Selection Mashed Potato, Hot Pasta Twists Fresh Fruit Selection & Fresh Yoghurt	Roast Pork Or Roast Chicken Herb Stuffing, Gravy Fresh Baton Carrots Broccoli Florets Mashed Potato Chocolate muffin Or Fruit & Yoghurt	Hot Dog Or Ciabatta Pizza Slices Baked Beans Peas *Tossed Salad Chips, Mashed Potato Flakemeal Biscuit or Yoghurt & Fruit
WEEK 2 6/9 4/10 1/11 29/11	Chicken Chow Mein Or Steak Burger Gravy Broccoli Florets Fresh Baton Carrots Mashed Potato Fresh Fruit Selection & Fresh Yoghurt	Breast of Chicken Curry with Boiled Rice & Naan Bread Or Homemade Margherita Pizza Garden Peas, Tossed Salad Pasta Twists Shortbread or Yoghurt & Fruit	Cheesy Bolo Pasta Or Fresh Breaded Fish Goujons with lemon slice, Tartar Sauce Baked Beans, Garden Peas Sweetcorn, *Salad Selection Mashed Potato Jelly Pot or Yoghurt & Fruit	Roast Breast of Chicken Or Chicken Crumble Herb Stuffing Gravy Cauliflower Cheese Fresh Diced Carrots / Parsnip, Mashed Potato Chocolate muffin Or Fruit & Yoghurt	Chicken Nuggets Or Hot Thai flavoured Chicken Wrap Salsa Dip, Sweetcorn *Salad Selection Chips Baked Potato Vanilla Ice Cream pot Or Yoghurt & Fruit
WEEK 3 13/9 11/10 8/11 6/12	Italian Bolognese Pasta Or Breaded Fish Fingers Baked Beans, Sweetcorn Broccoli Florets Mashed Potato Ice Cream pot Or Yoghurt & Fruit	Mac & Cheese Or Homemade Salt & Chilli or Traditional Chicken Goujons, Selection of dipping sauces Baton Carrots, * Salad Selection, Chips, Mashed Potato Jelly Pot or Yoghurt & Fruit	Mexican Enchilada Or Oven Baked Sausage Garden Peas Mediterranean Roasted Vegetables, Mashed Potato Baby Boiled Potatoes Fresh Fruit Selection & Yoghurt	Chicken Panini Or Roast Turkey Herb Stuffing Cranberry Sauce, Gravy Fresh Carrot or Parsnip Fresh Savoy Cabbage Mashed Potato Chocolate Cookie Or Fruit & Yoghurt	Traditional Homemade Chicken or Smooth & Hearty Vegetable Soup Steak Burger in Bap, Or Bang Bang Chicken in Hot Baguette Mashed Potato, Tossed Salad Selection of breads Frozen Mousse or Fresh Fruit & Yoghurt
WEEK 4 20/9 18/10 15/11 13/12	Breast of Chicken Curry with Boiled Rice & Naan Bread Or Chicken & Broccoli Bake Garden Peas Fresh Savoy Cabbage Gravy Mashed Potato Chocolate muffin Or Fruit & Yoghurt	Chicken Stir Fry & Noodles Or Oven Baked Sausage Baked Beans Sweetcorn Baton Carrots Mashed Potato Flakemeal Biscuit or Yoghurt & Fruit	Roast Breast Chicken Or Beef Stew Herb Stuffing Gravy Diced Turnip Fresh Baton Carrots Mashed Potato Jelly Pot or Yoghurt & Fruit	Spagheti Bolognese Or Fresh Breaded Fish Fillets Or Salmon fish cake Lemon Slice and Tartar Sauce, Broccoli & Cauliflower Florets Mashed Potato Selection of Fruit & Yoghurt	Homemade Margherita Pizza Or Marinated Chicken Fillets with warm Tortilla Wraps * Salad Selection Sweetcorn Traditional Champ Chips Artic Roll or Fruit & Yoghurt

Breads
Milk, Water
Fresh Fruit,
Yoghurt
Available Daily

***2 Items from**
Cook's Salad
Selection
Rice Salad,
Coleslaw
Sweet Chilli Pasta
Tossed Salad
Lettuce, Cherry
Tomato
Carrot Sticks
Cucumber Sticks
Diced Red Peppers
Red Onion
Radish

If You Require
Any Additional
Information on
Allergens or
Special Diets
Please Contact
the School to
complete a
Special Diets
Application Form

Rice, Pasta, Potatoes and Gravy can be served Daily

Menu choices subject to deliveries
Fresh Fish May Contain Bones

